

11:00-12:30 am:

# EXPLORING AND TRANSFORMING THE LANDSCAPE OF CARE FOR BEREAVED YOUTH AND FAMILIES



Level of Instruction: Beginner

**Presentation Summary:** Growing evidence of the profound impact of bereavement on children and families highlights the need for a more comprehensive approach to grief services than currently resourced and reimbursed by most systems of care—an approach that recognizes the value of prevention and whole family support. To elevate child and family bereavement as a public health priority and increase equitable access to effective care, the Childhood Bereavement Estimation Model will help illuminate the magnitude of the issue and stark disparities in prevalence, causes of death, and access to grief support for populations and regions across the U.S. A continuum of whole family, preventive interventions provided through Judi's House will serve as an example of a research-based wellness model successfully implemented in the community—one that seizes upon opportunities to both *prevent* further complications of grief and trauma and *promote* adaptive adjustment and growth. The nonprofit's origin and 20-year history will be shared, as well as ways we can each contribute to a more inclusive and compassionate response to all bereaved youth and families. Final focus will be on the critical importance of allowing for the care of ourselves, so that we can continue to care for others.

**Objectives:** Upon completion of this lecture, the participant will be able to:

- Analyze data derived from the Childhood Bereavement Estimation Model (CBEM) to better understand difference in prevalence rates of youth bereavement across regions and social contexts.
- Describe a research-based approach to addressing childhood bereavement with a continuum of preventive services that support the whole family and community.
- List current societal factors and disparities impacting grieving youth and families and identify personal action items for supporting equitable access to effective care.

11:00-12:30 am:

# EXPLORING AND TRANSFORMING THE LANDSCAPE OF CARE FOR BEREAVED YOUTH AND FAMILIES - CONTINUED



Michaelleen (Micki) Burns, PhD  
Judi's House/JAG Institute Co-Founder and Board Chair  
Denver, CO

Level of Instruction: Beginner

## References:

Burns, M., Griese, B., King, S., & Talmi, A. (2020). [Childhood Bereavement: Understanding prevalence and related adversity in the United States.](#) *American Journal of Orthopsychiatry*, 90(4), 391-405.

Griese, B., Burns, M. R., Farro, S.A., Silvern, L., & Talmi, A. (2017). [Comprehensive grief care for children and families: Policy and practice implications.](#) *American Journal of Orthopsychiatry*, 87(5), 540-548.

Griese, B., Giusto, A. & Silvern, L. (2012). [Judi's House: Integrating research and practice in a community-based bereavement center for children and families.](#) *Grief Matters: The Australian Journal of Grief and Bereavement*, 15(3), 76-81.